



READING CLIMATE CHAMPIONS PLEDGE

Reading has set a target of net zero carbon emissions by 2030 and needs everybody in the town to help achieve this. It will also move us towards a dynamic and resilient economy where our businesses can thrive and where everyone will have access to good quality, secure jobs and the highest quality of life.

I pledge to begin by taking at least 5 of the following actions, and adding to them over time:

1. Turn my heating down by 1°C, and wear a jumper
2. Only switch on appliances when I use them
3. Take a shower instead of a bath
4. Wash all my clothes at 30°C, and only wash when I have a full load
5. Choose tap water, and when I am out and about use a reusable water bottle
6. Wash my vegetables and fruit in a bowl and use the waste water to water my plants
7. Eat more fruit and vegetables, and have more vegetarian meals in my diet
8. Change my energy supply to a green renewable energy supplier - <https://www.which.co.uk/news/2019/09/how-green-is-your-energy-tariff/>
9. Find out what I can recycle locally at kerbside or at Re3, and recycle everything that I can
10. Walk, cycle or scoot for all short trips
11. Buy fewer new clothes and choose durable items rather than “fast fashion”; consider swapping or buying second hand
12. Choose products without plastic packaging whenever possible
13. Write to my MP about climate change <https://www.theclimatecoalition.org/>
14. Help plant trees by using Ecosia as my search engine - <https://www.ecosia.org/>
15. Find out more about climate change by reading an eco-book - <https://www.greenhousepr.co.uk/10-must-read-climate-books-for-2020/> or watching an environmental film - <https://www.globalwildlife.org/10-environmental-documentaries-to-binge-watch-now/>